



2018 Annual Statistical Report

Testing program

Overview of testing figures and number of samples in 2018

32 samples in total were collected with WADA Testing Grant:

- 32 out-of-competition samples

Sport/Discipline	Urine	ESAs*	GHRFs*
Aquatics - Swimming Sprint 100m or less	3	1	1
Athletics - Middle Distance 800-1500m	1	1	1
Athletics - Sprint 400m or less	1	1	1
Athletics - Throws	1	1	1
Boxing - Boxing	4	1	1
Canoe/Kayak - Long Distance 1000m	1	1	1
Canoe/Kayak - Sprint 200m	2	1	1
Jiu-Jitsu - Jiu-Jitsu	4	2	2
Judo - Judo	3	1	1
Karate - Karate	1	1	1
Sambo - Sambo	1	1	1
Taekwondo - Sparring	4	1	1
Weightlifting - Weightlifting	1	1	1
Wrestling - Freestyle	4	1	1
Wrestling - Greco-Roman	1	0	0
Total	32	15	15

*ESAs = Erythropoiesis Stimulating Agents

*GHRF = Growth Hormone Releasing Factors

Result Management

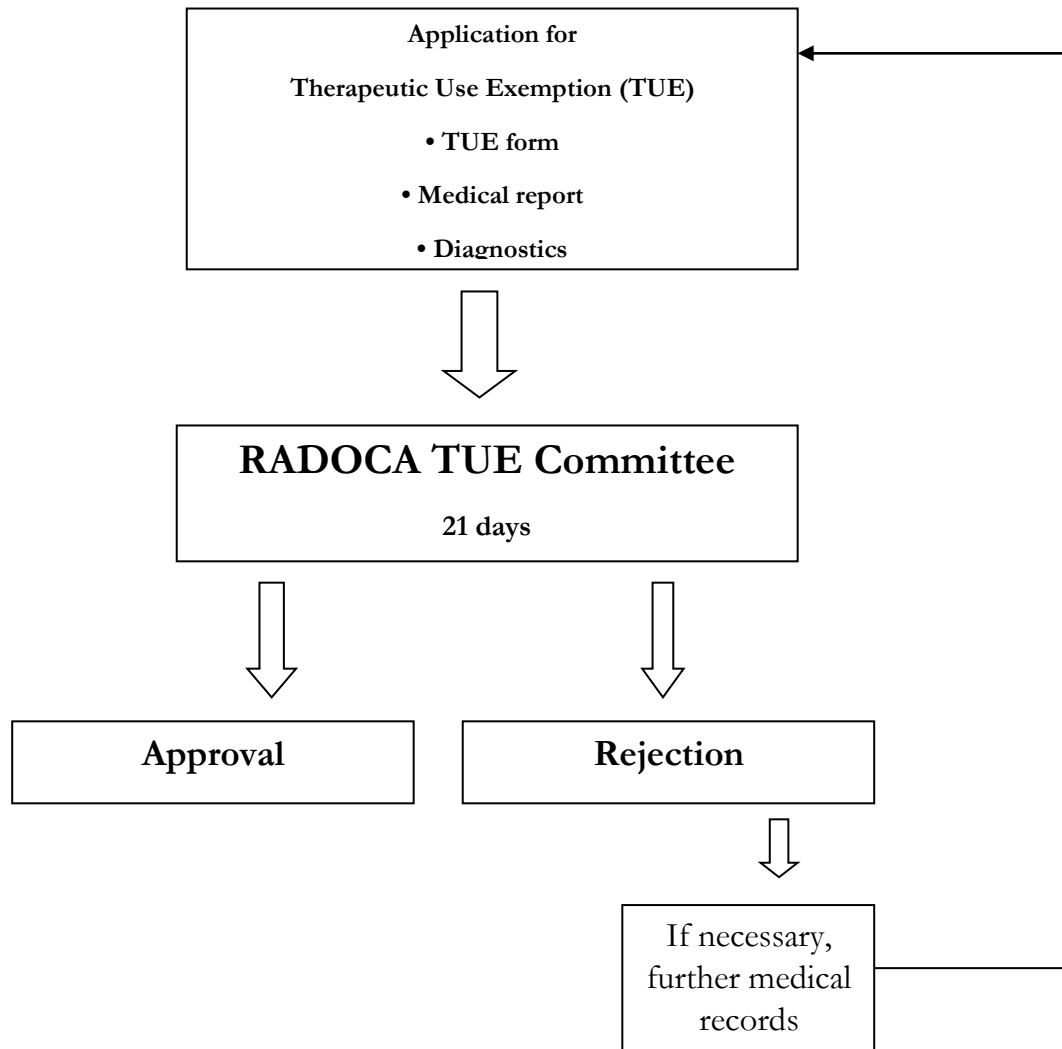
1 x Article 2.1 “Presence of a Prohibited Substance or its Metabolites or Markers in an Athlete’s Sample”

1 x anti-doping rule violations at out-of-competition tests

№	Athlete name	Sport	Date of testing	Substance(s)/Reason	Sanction
1	Muhammadrahim SARAKHONOV	Judo/Judo	27.10.2018	Furosemide	4 December, 2018 – 3 December, 2020

Therapeutic Use Exemptions (TUE)

The general process for getting a TUE approval - from filling of the application to approval/rejection – is sketched below.



Education

National Olympic Committee of Tajikistan organized:

- 5 seminars
- 6 lectures

Attended:

- ✓ 180 athletes

DCO training

The Doping Control Officers (DCO) training was organized within the framework of the Doping Control program organized by Central Asia Regional Anti-Doping Organization (RADOCA) on June 27-28, 2018 in Dushanbe, Tajikistan.

The DCO training was held in Russian language among the representatives of the different occupations from sport and medical fields.



DCO Training was conducted by Venera Abdulla, RADOCA Manager and Kulman Nyssanbayeva, chief anti-doping specialist of Kazakhstan National Anti-Doping Organization.



The two-day training program was divided into several sessions, which were supposed to help trainees to understand the main purpose:

1. Presentation on doping control program, sample collection procedure
2. Practical sessions
3. Written Examination (testing)
4. Practical Examination



Communication

The National Olympic Committee of Tajikistan continues cooperation with RADOCA in the fight against doping in sport.



Mr Erkinzhon Latypov, Director General of Tajikistan NOC, attended the Result Management Training organized by RADOCA with support of WADA in Tashkent, Uzbekistan.

The Central Asia Regional Anti-Doping Organization (RADOCA) was established in 2006.

There are 8 countries, which constitute RADOCA:

- Afghanistan
- Kazakhstan
- Kyrgyzstan
- Mongolia
- Pakistan
- Tajikistan
- Turkmenistan
- Uzbekistan